



# ABBAYE <sup>DE</sup> TALLOIRES

LE SPA DE L'ABBAYE

MORE THAN 1000 YEARS  
OF HISTORY!  
TAKE A BREAK OUT OF TIME

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OUR ASSORTMENT OF MESSAGES HELP  
CONTRIBUTE TO THE REGENERATION  
AND RELAXATION OF THE BODY AND SPIRIT.  
ENJOY OUR TREATMENTS SPECIFICALLY  
TAILORED TO YOUR SKIN TYPE.  
ALL OUR MESSAGES ARE NON THERAPEUTIC.

### ABBAYE'S MASSAGE

Massage (2 zones of your choice )	<b>30 min</b>	<b>79€</b>
Massage	<b>50 min</b>	<b>109€</b>
Massage	<b>80 min</b>	<b>139€</b>
Duo care	<b>50 min</b>	<b>218€</b>

**New**

**Rediscover the Abbaye's ritual !**

**Le Prodige des Océans**      **120 min**    **210€**

Pure experience of beauty  
the Ritual provides with ultimate regeneration  
for youthfulness, and deep relaxation.

### THALGO BODY RITUALS

**90 min**    **159€**

#### Île Pacifique

Relaxing ritual with warm sand pouches inspired by  
the rocking movement of the waves and gentle scen  
of Monoï for deep relaxation.

#### Mer des Indes

Harmonising massage using essential oil  
used in Ayurveda  
Unwind during a journey to the sacred land of India!

### THALGO BODY TREATMENTS

Body scrub	<b>45 min</b>	<b>79€</b>
Light legs treatment	<b>45 min</b>	<b>69€</b>

### THALGO FACIAL CARE

<u>The Face thalasso</u>	<b>30 min</b>	<b>79€</b>
<u>Fundamental care</u>	<b>60 min</b>	<b>99€</b>
• Cold Cream Marine care (dry or sensitive skin)		
• « Pureté Marine » care (mixed to oily skin)		
<u>Anti-aging care</u>	<b>60 min</b>	<b>109€</b>
• Detox Spirulina Boost care		
• Wrinkle filler		

Prodige des Océans face treatment    **90 min**    **150€**

A perfect combination between efficiency and sensory  
pleasure. This massage is inspired by Kobido, an  
age-old Japanese manual facelift technique, visibly  
smoothes and restores the skin's firmness and elasticity.  
The face glows with renewed youth.



**THINK OF OUR  
GIFT VOUCHERS  
OFFER A UNIQUE EXPERIENCE  
TO YOUR BELOVED  
VALID FOR 12 MONTHS**

### COSMETIC SERVICES

#### Waxings

Eyebrows, lips or Eyebrows	<b>20 min</b>	<b>19€</b>
Armpits	<b>15 min</b>	<b>19€</b>
Classic bikini	<b>15 min</b>	<b>19€</b>
Semi bikini	<b>30 min</b>	<b>39€</b>
Full bikini	<b>45 min</b>	<b>49€</b>
Half legs	<b>25 min</b>	<b>29€</b>
Full legs	<b>30 min</b>	<b>49€</b>
Back or chest	<b>25 min</b>	<b>39€</b>

#### Manicure

Semi-permanent nail polish application	<b>45 min</b>	<b>45€</b>
Classic nail polish application	<b>20 min</b>	<b>29€</b>
Hand care	<b>45 min</b>	<b>59€</b>
Hand beauty treatment	<b>90 min</b>	<b>95€</b>
Semi-permanent nail polish removal	<b>30 min</b>	<b>25€</b>

#### Pédicure

Semi-permanent nail polish application	<b>45 min</b>	<b>45€</b>
Classic nail polish application	<b>20 min</b>	<b>29€</b>
Foot care	<b>45 min</b>	<b>69€</b>
Foot beauty treatment (Calluspeeling)	<b>90 min</b>	<b>105€</b>
Semi-permanent nail polish removal	<b>30 min</b>	<b>25€</b>